## **Northwest Arkansas Community College**

(Social & Behavioral Sciences Division)

## **Discipline Code**

**PEAC** 

#### **Course Number**

1231

### Course Title

**Beginning Bowling** 

### **Catalog Description**

Bowling techniques, including the 3, 4, and 5 step delivery, swing and release, spot bowling, straight ball, and hook ball. Rules and regulations, use of bowling equipment, manual scoring, and basic terminology are addressed. Course is conducted off campus at a local bowling center. Additional facility game fees are required. Shoe rentals are free.

### **Prerequisites**

N/A

#### **Credit Hours**

1 credit hour

#### **Contact hours**

15 contact hours

#### Load hours

1 load hour

#### **Semesters Offered**

On Demand

### **ACTS Equivalent**

N/A

### **Grade Mode**

A-F

## **Learning Outcomes**

Students completing this course will:

- Demonstrate proper bowling techniques including ball grip, approach steps, and swing and release.
- Discuss bowling using appropriate terminology.
- Utilize manual and computerized scoring methods.

• Participate in game play in accordance to rules and regulations

# **General Education Outcomes Supported**

N/A

## **Standard Practices**

## **Topics list**

N/A

# Learning activities

N/A

### **Assessments**

N/A

## **Grading guidelines**

N/A

Last Revision Date: Spring 2022